

## COVID-19 Coronavirus Self-Assessment Tool

**If you have symptoms of respiratory illness, including fever, cough and/or shortness of breath, ask the following questions:**

1. Have you recently traveled outside the country? Areas at high risk include China, Iran, Japan, Italy and South Korea.
  - Yes
  - No
2. Have you been in close contact with anyone known or suspected to have the COVID-19 coronavirus illness? Close contact is defined as within 6 feet for 3 minutes or more.
  - Yes
  - No

If you answered yes to one or both of these questions and have respiratory symptoms:

- Stay home and call your healthcare provider.
- If you are a patient of Dr. Serna or Dr. Englund at North Cypress Internal Medicine & Wellness, please call our office at 281-807-5300.
- PLEASE DO NOT WALK IN for an appointment if you are sick or have been potentially exposed. This is for the protection of all patients. Private practices, including North Cypress Internal Medicine & Wellness, are NOT equipped to provide swab testing at this time.
- If you believe your symptoms are life threatening, go to the nearest hospital emergency department. We recommend that you call the emergency department immediately so the staff can provide you with arrival instructions.